ELIOT BANK NEWSLETTER

Friday 12th September 2025

Dear Parents and Carers,

It is wonderful to have all the children back in school for the new school year. They have settled back into school routines so quickly, and the staff have been working hard getting to know your children and building relationships– we know that your children will learn best if they feel happy and safe in school so this has been our main focus this week.

On Monday we will celebrate "World Afro Day" in school and next Friday 19 September we will be celebrating "Jeans For Genes Day" and the whole school is invited to wear jeans and donate £2. if you want to donate, please use the link below.

https://www.justgiving.com/fundraising/jeansforgenesday42491?utm_medium=FR&utm_source=CL

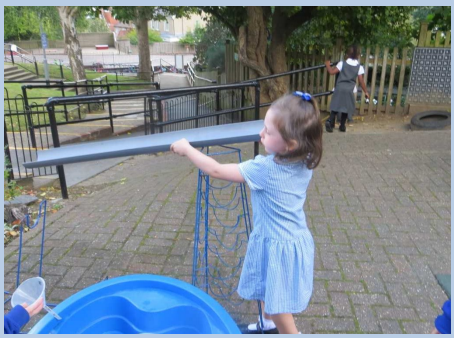
Hope you have a nice weekend

Ms Gilmore

WELCOME TO OUR RECEPTION CHILDREN

It already feels like our amazing new Reception cohort are part of the Eliot Bank community. They are enjoying the classroom environment, the playground and generally being delightful to one another.

We are already so proud of them.



Clubs, Clubs, Clubs

The following clubs will be running for the whole Autumn Term, commencing from week beginning 15 September 2025 and run for 10 weeks. (not Wb 20/10)

* Yoga
* French
* Football
* Djembe Drumming
* Multi Skills
* Basketball
* Taekwondo

At the time of publication there were still spaces in all clubs listed above

See the recent email from the office for booking details.

DATES FOR YOUR DIARY

Mon 15/09 World Afro Day
Fri 19/09-Jeans For Genes Day
Thurs 25/09—European Day of Languages
01/10 Black History Month starts
Wed 01/10—School Individual Photo
Fri 03/10—National Poetry Day
Mon 06/10—Differences week /Buddy week
17/10—Show Racism the Red Card
21/10—Open Morning
23/10—Parents' evening
Autumn Half Term 27/10—31/10
03/11—First day back after half term
See table below for scheduled Year group events.

Each year group will host an assembly in the year , the dates are below. These are opportunities for the children to share their learning with you. They are for the parents of children in that year group. The children from the rest of the school will be there to watch . The Year Group Parent Events are in class , they are opportunities for parents to get hands on and help support the learning in class. Your child's teacher will be in touch before the scheduled date with more details. If the date has to be changed we will let you know as soon as possible

Year Group Assembly Dates—9:05	Year group
18th November	Year 6
25th November	Year 5
20th Jan	Year 4
3rd Feb	Year 3
10th March	Year 2
28th April	Year 1
19th May	Reception

Year Group Parent Events—in class timings tbc	Year group
16th Oct	Year 1
12th June	Year 2
19th Nov	Year 3
30th June	Year 4
23rd April	Year 5
Tbc (Nativity)	Reception

ATTENDANCE AND PUNCTUALITY

08/09/25– 12/09/25

	Attend-ance	No. of Lates
All Day Nursery	99.09%	1
Nursery AM	97.78%	1
Nursery PM	97.78%	1
Red Reception	95.93%	2
Blue Reception	99.26%	1
1RD	100%	2
1AS	97.41%	2
2 EB	99.29%	0
2MQ	97.33%	2
3JO	100%	3
3CB	97.76%	3
4NS	95%	2
4SB	98.21%	1
5DR	97.69%	2
5RK	99.26%	6
6HL	94.64%	0
6SG	100%	2

Well done 1RD and 6SG who both had 100% attendance and 2 lates

Jeans For Genes Day

Friday 19 September 2025

Next week we will be celebrating Jeans For Genes Day. On **Friday 19 September** the school will be invited to wear jeans and donate a £2 to raise money for this worthwhile charity.

The Jeans for Genes campaign raises awareness of the daily challenges faced by those living with a genetic disorder and raises money to fund projects that make a tangible difference to the lives of those affected. Please use the link below:

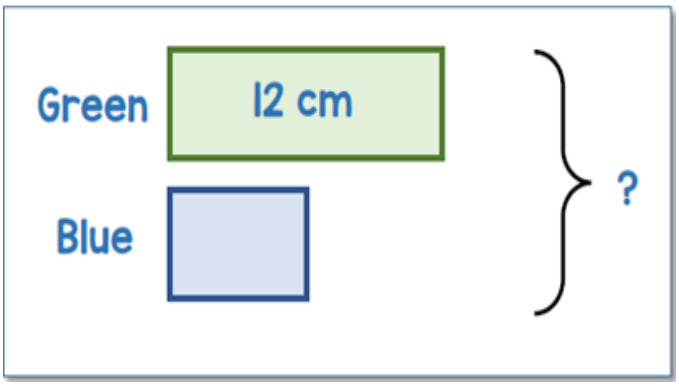
https://www.justgiving.com/fundraising/jeansforgenesday42491?utm_medium=FR&utm_source=CL

Maths challenge of the Week

Eva has 2 pieces of ribbon.

The green piece is 12 cm long. The blue piece is half the length of the green.

What is the total length of the pieces of ribbon?



FRENCH PHRASE OF THE WEEK

MEDICINE IN SCHOOL

It is school policy to only administer medicines that are prescribed to be taken 4 times a day. If your child requires this medicine in school time, please ensure you have spoken to a member of staff and asked for our medicine form. Please do not put medicine in your child's book bag.

They will only be administered to your child in the medical room. This is to ensure the safety of all our children.

InclusionMatters

Inclusion at Eliot Bank

conversations with children about online safety, mental [illegible]. For further guides, hints and tips, please visit nationalcollege.com.

10 Top Tips for Parents and Educators

SUPPORTING CHILDREN GOING BACK TO SCHOOL

Change can be hard for children to manage. Going back to school after a long summer break might cause them to feel uncertain about their friendships, school routines and relationships with new teachers. However, trusted adults play an important role in providing both practical and emotional support.

1 LEARN WHAT EQUIPMENT YOU NEED

Figure out a list of all equipment needed for the start of the school year, so you can comfortably get your hands on the necessary items in time. If children have any financial issues and receive free school meals, the school may be able to provide some monetary aid or offer other support.

2 COMMUNICATE WITH THE SCHOOL

If you notice that a child is feeling anxious about a change of teacher or school, arranging a one-to-one meeting with their new teacher can be a good way to alleviate some of the anxiety. Just knowing that they understand the child's worries and will be able to help them if the need arises can build the foundations of a good working relationship. Knowing that you can contact them with any queries can also be reassuring.

3 CHECK THE SCHOOL WEBSITE

There will be plenty of information about the start of term on the school's website to keep you updated. Furthermore, you should be able to find other useful information such as contact details for staff, important school equipment, clubs, and news about any special events on the school calendar for the year. It could be helpful to look through this with children for anything which might reassure them.

4 HELP TO MANAGE FRIENDSHIPS

If a child is feeling anxious about making new friends – especially if they're moving up to secondary school – it can be a good idea to remind them of what they could do or say when meeting new classmates. Investigating the extracurricular activities available could be a good way to open a conversation about their hobbies and pastimes, and joining such clubs could allow new friendships to be built on this mutual interest.

5 PLAN SELF-CARE

Talking to children about how they can manage their self-care can be an effective way of helping them understand its importance. This might involve playing a computer game they love with friends, a weekly visit to the library, getting to bed at the same time each night, or a range of other activities that support their wellbeing and provide the familiarity and safety of a routine that works for them.

6 MANAGE TRICKY FEELINGS

Explain that it's okay to have difficult feelings around returning to school. This can help reduce any shame or embarrassment a child might be feeling over these emotions. Emphasise that other children – even some of the teachers – will be feeling the same way. Consider practical ways to manage these feelings and help children feel more in control of their emotions. Some examples include fidget toys, breathing exercises or a notepad for doodling.

7 SECURE A SCHOOL UNIFORM

Parents and carers should try to buy a child's uniform for the new academic year well in advance of the new term (although allowing for potential holiday growth spurts) and give them time to adapt to any changes. Make sure they can comfortably change into and out of it for PE lessons. Double check the requirements for PE on the school's website, as some schools will also have requirements for PE kits.

8 PREPARE FOR TRANSITION DAYS

Ensuring that children attend transition days is a vital step in preparing for the new year. Some schools also have transition evenings for parents and carers to attend, offering extra opportunities to reach out for any additional support.

9 READ THE MENTAL HEALTH POLICY

If a young person struggles with their mental health, it's important to understand their school's mental health policy and provision to know what support is available. This should be on the school's website. A range of aid is typically on offer – from individual timetable amendments to group sessions on emotional wellbeing. You can then discuss these options with the child to reassure them that help is there if they need it.

10 LEARN ABOUT SEN SUPPORT

If a child has SEN and receives help in school, try to confirm exactly what support is available, to ensure they'll be having their needs met. If they're moving up to secondary school, it's a good idea to meet with the SENCO to ensure that all teachers receive the most relevant, up-to-date information about the child's needs and have a contact to liaise with if these change over time.

Meet Our Expert

Amy Sayer is a freelance mental health trainer for schools, an author and a content writer. She is an Associate for Diverse Educators, a fellow of the Chartered College of Teaching and ITT wellbeing coach. Amy has previously been a SMHL coach, helping many different settings audit their mental health provision and support them to create and implement a strategic plan based on the specific needs of each setting.

#WakeUpWednesday®

The National College®

Source: See full reference list on guide page at: https://nationalcollege.com/guides/supporting-children-going-back-to-school

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Learning Meetings

At this time of year, we invite parents and carers to join us for a year-group Learning Meeting. This provides you with an opportunity for you to meet your child's teaching team and find out more about what your child will be learning this year.

The meetings will take place in the school hall after drop off with the exception of Year 1 which is before collection. A member of staff will meet with you at the entrance.

Each meeting will last no longer than 30 minutes.

Please see the table below for when your child's Learning Meeting will take place.

Parent Learning Meeting	Year group
15th September 9:05am	Year 5
17th September **2:40pm**	Year 1
18th September 9:05am	Year 4
22nd September 9:05am	Year 3
24th September 9:05am	Year 6
25th September 9:05am	Year 2

PE Timetable and PE Kit

Please find information about PE below. Your child should wear their PE kit to school on their PE day as given in the timetable below. The PE kit requirements are outlined below:

PE	Indoor	Outdoor
Recep-tion		
Y1	Mon	Thurs
Y2	Thurs	Fri
Y3	Fri	Thurs
Y4	Monday	Wed
Y5	Fri	Mon
Y6	Wed	Fri

Autumn Term

Indoor PE	Outdoor PE
• plain white, round neck short-sleeved t-shirt • plain navy/shorts. Plain navy tracksuit bottoms or joggers & Eliot Bank school sweatshirt may be worn on top and then taken off be-fore the lesson.	• plain white, round neck short-sleeved t-shirt plain navy/ tracksuit bottoms or joggers • & Eliot Bank school sweat-shirt • Trainers

Spring & Summer Term

Indoor PE	Outdoor PE
• plain white, round neck short-sleeved t-shirt • plain navy shorts	• plain white, round neck short-sleeved t-shirt • plain navy shorts • trainers

NUT & SESAME FREE SCHOOL

We endeavour to be a **nut and sesame free school**. Please do not send nuts, sesame seeds or foods which contain nuts or sesame seeds (e.g. as humus and sesame snap bars) in your child's packed lunch or for any snacks during school time. We have a number of children across the school with food allergies, and some of these are life threatening.

Please Note: If you wish your child to have school dinners and they have a food allergy or food intolerance, you must complete a special diet request form (available at the school office) and provide medical evidence of the allergy/intolerance. A special diet menu will be provided by Chartwells (our school meal provider) **before** your child has the school dinner option.

Gentle Reminder

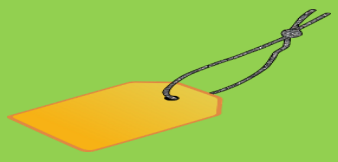
Please can we ask parents to remember to wait for all children to cross at the school crossing in the morning on their way to classrooms, and again in the afternoon during pick-up.

Your patience and care helps to ensure all our children travel safety together with their class.

Thank you for looking out for our children!

LABELLED BELONGINGS

Please could we remind Parents/Carers to ensure that all your child(ren)'s belongings, e.g. water bottle, PE kit, school uniform, packed lunch box, etc. are labelled with your child(ren)'s name and ideally also with their class.



WORLD AFRO DAY

15 SEPTEMBER