



10 March 2023

Dear Parents and Carers,

It has been an action packed week at Eliot Bank, with numerous trips, the Swimming Gala and, of course, some snow flurries, which never fail to cause great excitement! Please do take time to read about Y5 School Journey; the children enjoyed it enormously as always, and it is great to hear about them conquering their fears in various ways. We have celebrated World Book Day with our usual enthusiasm this week and look forward to sharing some photos when we can. Finally, we are pleased to be introducing more recycling into the school community - read more about this on page two.

Best wishes for a lovely weekend,

Ms. Gilmore,

### YEAR 5 MARCHANTS HILL TRIP

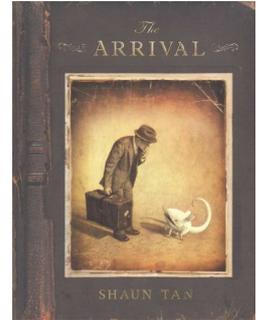
Last week, Year 5 enjoyed an action-packed time filled with activities designed to challenge, develop teamwork and learn new skills. The majority of the children went on the much-anticipated school residential trip to Marchants Hill. After arriving at school Monday morning with all of our luggage, we said goodbye to our parents and off we went! As soon as we arrived, we were treated to the first taste of the delicious food we were to experience all week and then the fun really began! Our first activity-filled afternoon included a tunnel trail, problem solving and climbing. After this, we unpacked and got used to our rooms with no parents to help us. Every day was filled with action and adventure: we learned camp songs, built new friendships through the teambuilding activities we did and many of us even conquered our fears. Some of the incredibly daring activities we got to try included the giant swing, trapeze and zip-wire, along with abseiling and Jacob's Ladder. We had to rely on each other when orienteering and to navigate the sensory trail. We also learned how to build a shelter and safely start a fire - we know how to survive if we ever get lost in the woods! Archery, fencing and archery tag were definitely some group favourite activities as well. Our last evening saw us surrounding a roaring fire as we sang our camp songs and reflected upon our time away. We are all very proud of the way each of us challenged ourselves in different ways.

Those who remained at school had lots to challenge and entertain them. We became business owners and had to design a theme park from start to finish. With a budget of £5 million, we had to think about what would be the theme of the park, who were our target audience, which rides we would offer and what other amenities there should be, e.g. food outlets, gift shops and toilet facilities. We had to allocate our money to the various elements of building work, advertising, staffing and upkeep. After we had planned and designed the theme park, we constructed models of what some of the rides might look like. Along with tailored P.E. lessons and a special yoga session, we were able to develop our team working skills and make new friends.



## Writers of the Week

Y6 have been exploring a wordless graphic novel by Shaun Tan this week. It's called *The Arrival* and tells the story of a father who has to leave his home and family to search for a better life in a foreign land, sending for his family once he is settled. We have been focusing on the part where he first leaves. We wrote poems and turned them into short narratives and now we have been writing diary entries from the child's perspective on the day her dad departs.



*I gave my father his suitcase, but I hesitated, hoping he would not leave. Once we had got out onto the damp, cobbled street, slowly engulfed by depression. I clasped my father's and mother's hands, praying for him not to leave. Time did not obey. As we arrived at the cold train station, my father took off his hat and underneath was a paper dove he gave to me, full of surprise and sorrow. My eyes filled with tears....I jumped onto my father and hugged him. I was filled with sorrow and overwhelmed with pain. As the whistle blew and my father left, it felt as if my heart was ripped out. My mother lifted me up so I could see him over all the people bustling.*

Aristide, Y6SB

*We were silent as we walked down the narrow, cobble street. I still couldn't believe he was going away. I never thought this would happen to me. I clung onto Dad's hand. In the distance, air-raid sirens wailed, bombs crashed and planes flew. With every step I took, my fear and sadness grew. I told dad I didn't want him to go but he insisted; said it was for the best - I hope he is right. Before I knew it, we had arrived at the train station: crowds of people rushed around trying to get on trains; guards blew ear-piercing whistles; trains full of people departed; huge heavy suitcases lay on the floor; and ticket queues stretched as far as the eye could see. Dad looked down at me. I tried to smile.*

Abi, 6MQ

## NUT & SESAME FREE SCHOOL

We endeavour to be a **nut and sesame free school**. Please do not send nuts, sesame seeds or foods which contain nuts or sesame seeds (e.g. as humus and sesame snap bars) in your child's packed lunch or for any snacks during school time. We have a number of children across the school with food allergies, and some of these are life threatening.



**Please Note:** If you wish your child to have school dinners and they have a food allergy or food intolerance, you must complete a special diet request form (available at the school office) and provide medical evidence of the allergy/intolerance. A special diet menu will be provided by Chartwells (our school meal provider) **before** your child has the school dinner option.

**WE NEED TO  
REDUCE, REUSE  
AND RECYCLE MORE**



At Eliot Bank we are aware of the importance of recycling wherever possible. We already fill our school compost bins with the left overs from the children's fruit and we have explored how to best recycle surplus peelings from lunch preparation.

We have further developed this work by agreeing with Lewisham Council to have additional food waste collections from the kitchen, to collect all peelings, discarded food prep and plate scrapings. These will be taken to an anaerobic digestion facility which generates electricity and creates a fertilizer.

## Maths challenge of the Week



?



£12

A toy train and 2 footballs cost £40  
How much does the toy train cost?

Maths answer

## STATIONARY IDLING

If you are parked outside of school and waiting in your car, please turn off your engine. Stationary idling contributes to air pollution and affects people's health. Please help to keep our Eliot Bank air clean!



Thank you.

# WORLD BOOK DAY

WORLD BOOK DAY



This week we celebrated World Book Day with a range of events and activities. Watch out for more about this next week in our newsletter!

## FRENCH PHRASE OF THE WEEK

Phrase de la semaine

Regardez l'écran!  
Look at the screen!

## MUSICAL TERM OF THE WEEK

### Welcome back to our music making at Eliot Bank!

This week we showcase a musical trailblazer who inspires woman around the world with not only her four-octave vocal range but her incredible music production skills. This Wednesday 8<sup>th</sup> March was International Woman's Day and we focused in on four trailblazers who were resilient and defiant in creating better gender equality in the music industry. One stat we focused in on was from a report in 2022, only 2.1% women are credited as music producers. Ariana Grande wants to change this.

Ariana started her career at aged 15 in the 2008 Broadway musical 13. From there she started covering songs on YouTube and looping layered harmonies in the music studio. In 2023 Ariana is now one of the biggest female artists in the world having had six no.1 hits and winning two Grammy awards.

If you would like to make music like Ariana visit one of these D.A.W's (Digital Audio Workstations) that she would use too:

**KS2:** Band Lab a free music software to create your own track <https://www.bandlab.com/>

**KS1:** Chrome music lab—  
<https://musiclab.chromeexperiments.com>



**Mr Prescott**

### PE KIT REMINDER

Please remember to send your child to school wearing their PE Kit on the days they have PE.

Please ensure they are wearing the correct kit:

- Navy blue tracksuit bottoms**
- Navy Blue Shorts for indoor PE ( these can be worn under tracksuit bottoms in colder weather)**
- White round neck T-shirt**
- School sweatshirt/Navy Blue Sweatshirt**
- Trainers**

It is currently very difficult to lend children clothes for PE lessons and we do not want your child to miss out. Thank you.



### WATER BOTTLE

We encourage children to bring in a named bottle of water each day, which they will then bring home to be refilled. Thank you,



### MEDICINE IN SCHOOL

It is school policy to only administer medicines that are prescribed to be taken 4 times a day. If your child requires this medicine in school time, please ensure you have spoken to a member of staff and asked for our medicine form. Please do not put medicine in your child's book bag.



They will only be administered to your child in the medical room. This is to ensure the safety of all our children.

**Reminder** If your child is Asthmatic or has an Epi-pen, please bring in the Inhaler pump or Epi-pen and give it to an adult.

10/03/2023

## DATES FOR YOUR DIARY



Fri 17/03—Red Nose Day  
 Mon 03/04—Fri 14/04—Easter Holiday  
 Mon 01/05—Bank Holiday  
 Mon 08/05—Bank Holiday in honour of King Charles III  
 Tue 09/05—12/05—Year 6 SAT's Week  
 Wed 17/05—Class Photos  
 Fri 26/05—INSET Day  
 Mon 29/05—Fri 02/06—Half Term Week  
 Mon 05/06—INSET Day  
 Thu 22/06—Windrush Day  
 Tue 04/07—Open Morning  
 Thu 06/07—Parents' Evening  
 Fri 21/07—INSET Day

Please see below Year Group Assembly Dates

Year Group assembly date	Year Group
17th March	Year 5
31st March	Year 3
28th April	Reception
5th May	Year 4
26th May	Year 6
16th June	Year 2
23rd June	Year 1
30th June	Nursery



APPLICATIONS FOR NURSERY PLACES STARTING AT ELIOT BANK

SEPTEMBER 2023

If your child was born between

1st SEPTEMBER 2019 to 31st AUGUST 2020

We offer 15-hour Morning or Afternoon sessions - Free entitlement for all parents.

We also offer 30-hour Full-Time sessions

(\*for those families who are eligible)

(\*term time only—you must provide eligibility code from Child Care Choices Website to qualify—visit their website for more information [www.childcarechoices.gov.uk](http://www.childcarechoices.gov.uk))

PLEASE CALL THE SCHOOL OFFICE (020 8699 0586) TO APPLY FOR A PLACE A.S.A.P.

## ATTENDANCE AND PUNCTUALITY

Week beginning 06 –10 March 2023

	Attend-ance	No. of Lates
All Day Nursery	95.46%	2
Nursery AM	92.0%	1
Nursery PM	62.86%	0
Red Reception	93.67%	5
Blue Reception	97.82%	5
1JO	98.67%	6
1NS	97.78%	12
2KA	96.55%	7
2RD	96.10%	8
3HL	97.93%	4
3SG	90.0%	8
4KF 	<b>100.0%</b>	<b>2</b>
4AW	94.58%	7
5DR	88.85%	9
5RK	90.37%	1
6MQ	97.50%	3
6SB	93.70%	3



Well done to **4KF** class with **100%** but 2 lates, who won the Attendance Cup this week !

### Important INSET DAY

Please be advised the final Inset day will be on Friday 26th May 2023.

### REMINDER

#### CLASS BIRTHDAY TREATS

Please note we are not currently accepting any treats to share with the class in celebration of birthdays.





## The Eliot Bank and Gordonbrock Schools Federation



Executive Headteacher: Ms Maria Gilmore

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Head of School: Ms Maria Gilmore

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London SE4 1HQ  
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Head of School: Mrs Jane Wright



Dear Parents and Carers,

This year, on Friday 17<sup>th</sup> March, Eliot Bank will be supporting Red Nose Day and also raising money for the UNICEF Turkey and Syria Earthquake appeal. Eliot Bank has always been a supporter of Red Nose Day and the good work which they do around the world, and the children always very much enjoy the day. Children are invited to dress in red, or wear an item of red clothing with their school uniform. If your child has PE on a Friday please could you ensure they wear clothing they can move freely in. In support of our fundraising efforts, please donate one pound via ParentPay if you can by using the following link  
<https://app.parentpay.com/ParentPayShop/Foc/Default.aspx?shopid=10697>

This year, as a UNICEF Rights Respecting school, we would also like to donate money to their earthquake appeal for Turkey and Syria and we hope to build on this fundraising later in the year. If you are able to donate cash on the day, this will be given to the UNICEF appeal.

We very much look forward to fundraising together, as a community, on the day. Any amount of money that you are able to donate will be greatly appreciated.

Best regards,

Hannah Lyttle  
PSHE Team Leader





**WE NEED YOUR HELP.**

Could you help Sydenham Community Supermarket make sure that everyone receives an Easter egg this year.

If you are able to donate an egg, big or small, please drop it off @ Kelvin Grove children's Centre



**Monday, Tuesday or Wednesday**

**9am-3pm**

**By Wednesday 5<sup>th</sup> April**

**Thank you for all your support**

