



27th May 2022

ELIOT BANK PRIMARY SCHOOL WHOLE-SCHOOL NEWSLETTER

Daily Mile Counter Week's total **580 miles!**

Dear Parents and Carers,

This week, Year 1 have been to visit St Bartholomew's church, where they have been able to explore the parts of a church, which they have learnt about in class, first-hand. Their teachers said that they were beautifully behaved and asked sensible questions. This mature behaviour was celebrated in assembly this morning - well done Year 1!

Year 6 have had another workshop with Urban Synergy, who have shared some of their extraordinary career paths with our pupils. This time they met a young architect, a PlayStation technical artist and a dentist!

The whole school has been practicing for the upcoming singing performances, planned for the 9th June, to celebrate the Queen's Jubilee and 'London History Day'. We hope you have saved the date in your diary. It will be great to see you there!

In the meantime, have a fantastic half term.

Ms Gilmore

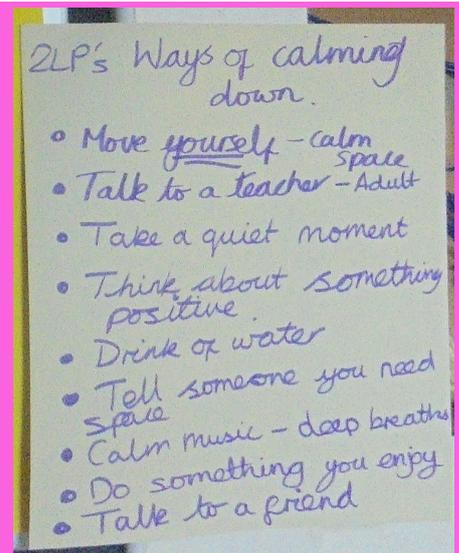
Y2 THINKING ABOUT MENTAL HEALTH

Year 2 have been thinking about Mental Health. We have been focusing on the 'Zones of Regulation' (see picture) and how we can keep ourselves in the green 'Good to Go' zone.

The children compiled a list of ways they can remain calm and positive. They wrote down a list of people who they considered were their support network. This will help remind them with who to go to when they are trying to reach the 'Green Zone'.

We have also been practising a number of breathing exercises, which we have really enjoyed after lunchtime to calm us down and help us to be ready for our learning.

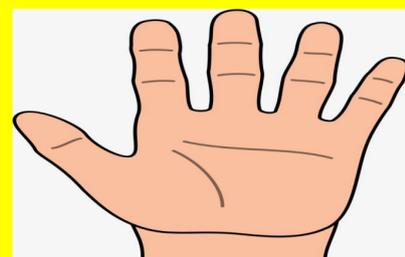
Zones of Regulation			
Blue	Green	Yellow	Red
Low	Happy	Wobbly	Angry
Running Slow	Good to Go	Caution	STOP
unhappy tired withdrawn tearful	positive proud calm focused	excited nervous frustrated annoyed	mad furious yelling aggressive



We have really enjoyed exploring this subject and we will continue to practise our breathing exercises and think carefully about how we feel and act over the next half term.

Let's try a few techniques for things we can do in class:

Run your finger up and down your fingers (going around your hand) Breath in as you go up, and out as you go down.



BALLOON BREATHING

- Have a seat and place your hands around your mouth like you are about to blow up a balloon.
- Take a deep breath and inhale through your nose.
- Slowly exhale through your mouth and spread your hands as if the balloon is blowing up. Keep your hands in place.
- As you exhale again, spread your hands as if the balloon is getting larger and larger.
- When your balloon is as large as it can get, relax. Repeat if needed.

Artist of the Term

Every term, we learn about an artist

Lubaina Himid CBE

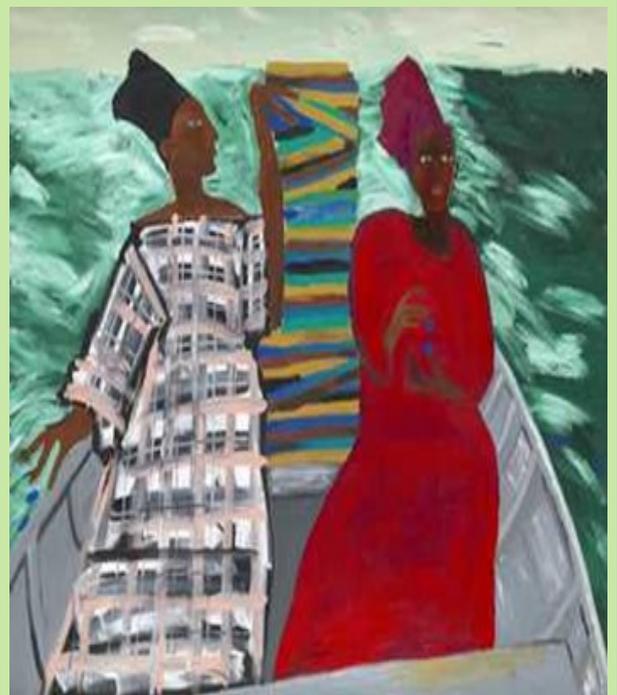
Lubaina Himid (born 1954) is a British artist and curator. She is a Professor of Contemporary Art at the University of Central Lancashire. Her art focuses on themes of cultural history and reclaiming identities. Himid was one of the first artists involved in the UK's 'Black Art' movement in the 1980s and continues to create activist art which is shown in galleries in Britain, as well as worldwide. Himid was appointed MBE in June 2010 "for services to Black Women's Art", won the Turner Prize in 2017 and was promoted to CBE in the 2018 Queen's Birthday Honours.



Lubaina Himid was part of the Black Arts Movement in the 1980s. This movement included different Black British artists trying to create opportunities and encourage other Black artists to show their work. Lots of Lubaina Himid's artworks are about the strength of Black people throughout history.

This painting is called '*Carpet*'. Like most of Himid's artwork, it has a lot of bright colours. These patterns and colours look like clothes hanging in the wind or drying in the sun. They also remind us of African patterns and fabrics. The orange rectangle looks like a carpet! The artist says this painting is about how a piece of material can be a clue to things that happened before. A bit like a magic carpet!

Lubaina Himid paints stories about beautiful friendships, love and kindness. In '*Between the Two my Heart is Balanced*', we can see two Black women. They are wearing colourful dresses and sailing on a boat. The artist explained that patterns and clothing are important in her paintings. The dresses are a way for the women to show their personalities to one another and the viewer.

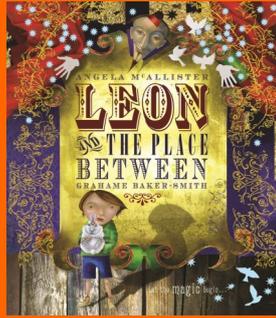


You can see an exhibition of Himid's work at Tate Modern, currently on show until 2nd October 2022. See <https://www.tate.org.uk/whats-on/tate-modern/lubaina-himid> for more details.

Writers of the Week

Leon and the Place Between

Wanting to prove to his brothers and sister that magic really exists, Leon volunteers to be in Abdul Kazam's magic show and gets transported to a mysterious world. The children thought up, drew and created models of their own wonderful 'Place Between' which they then went on to describe in a short setting description. Enjoy!



As I slowly walked through the door, I saw a galleon sized boat with oak wood guarding the interior. It had a huge goat's head at the front and light coloured brown surface. It had a small cabin and the sky was full of clouds. The boat's sail was black and had a white skull with two crossed bones on it. I could hear the splashing and rushing of water in this mystical place. On the horizon, I could see bloats floating, waves splashing and the sun's beams reflecting back at me. *Jeremich, 4HC*

As I clambered through the door, a wave of excitement flooded over my head. An enchanted world was in my path. A long, twisting slide sat on the side of me. Beyond the entrance I could see a snowy wonderland and bare tree leaves had settled on the floor. Then I started to smell fresh, out of the oven, apple pie with custard. Mmmm! As I wondered further into the snow, everything fell silent. I could hear a gush of water beneath me and just as the ice started to crack, a monstrous feel of gushing water split the sky in half and carried me up with it. Once I reached the top, the wave launched me on to a platform above it. A radio box played calm music whilst a person meditated. *Alexandra, 4PH*



Maths challenge

87

Believe it or not, this "math" question actually requires no math whatsoever. If you flip the image upside down, you'll see that what you're dealing with is a simple number sequence.

Maths challenge answer

MATHLETICS CUP WINNER!

KS1 - KS2-

Each week we will celebrate the class in KS1 and KS2 with the most points on Mathletics.

Those classes will get the much coveted KS1/KS2 Mathletics cup for that week too!

CHANGE DINNER OPTION

Dinner options can be changed at the beginning of each half term, the dinner option that your child has on the first day back after each school break will be the option that they have for that half term. (Unless your child has allergies or intolerances you must email us ASAP if you want your child to have school dinners for the following half term).

Nursery & Y3-Y6 Dinner Money Cost Summer Term

Tuesday 6 June - Wednesday 20 July
Total for the half term £73.60

07/06/22	4days	£9.20
13/06/22	5days	£11.50
20/06/22	5days	£11.50
27/06/22	5days	£11.50
04/07/22	5days	£11.50
11.07.22	5days	£11.50
18/07/22	3days	£6.90



Payments should be made in advance – using your child's ParentPay account. If you have not set up your account or have lost your activation letter then please contact the School Office.

QUEEN'S PLATINUM JUBILEE BANK HOLIDAY

We have been informed by Lewisham Council that we can take the additional Bank Holiday for the Queen's Platinum Jubilee in the Summer term.

Therefore, the last day of the Summer term will be Wednesday 20th July and Thursday 21st July will be taken as the additional Bank Holiday.



Follow Us On Twitter

Please follow us on Twitter:

@eliotbank. Parents / Carers are

more than welcome to use twitter as another way to show us what the children have been doing at home.

FRENCH PHRASE OF THE WEEK

phrase de la Semaine

C'est la récré.

It's playtime.

w/b 10.02.20

ATTENDANCE AND PUNCTUALITY

Week beginning 23rd May – 27th May 2022

	Attendance	No. of Lates
All Day Nursery	84.44%	5
Nursery AM	80.0%	5
Nursery PM	91.43%	5
Red Reception	93.0%	0
Blue Reception	96.67%	2
1BM	93.10%	2
1NS	91.72%	0
2CE	96.90%	4
2LP	96.90%	3
3DA	93.08%	1
3JG	94.48%	2
4HC	96.30%	2
4PH	91.54%	1
5MS 	97.93%	6
5SG	91.07%	4
6DR	96.79%	1
6MQ	97.86%	0

Well done to **5MS** with **97.93%** and **6 lates**, who have won the Attendance Cup this week!

Musical culture of the week

We return home to the UK for our final stop on our jubilee celebration of musical cultures around the Commonwealth.

British pop music emerged in the 1950s. It was a genre style of music, that was seen as an alternative to American Rock 'n' Roll. Since then it's changed quite a lot, over the 70s,80s and 90s more and more people owned a TV or a radio making music more accessible to all.

With the introduction of music videos on MTV in the 1980s, pop music continued to be heard by more people and was an increasingly successful commercial opportunity.

Today, online platforms such as 'TikTok', 'YouTube', 'SoundCloud' and 'Spotify' are an easy way for artists to share their music and build an audience.

See if you can listen to some of the bands/ solo artists from different eras below over Half term!

1960s Beat music: guitar-dominated line-ups with vocal harmonies and catchy tunes - The Beatles, The Kinks, The Rolling Stones, Eric Clapton and Fleetwood Mac.

1970s saw the rise of new rock genres: Glam Rock which included make-up, costumes and extravagant sets from David Bowie and Queen, to name a few. Outrageous Punk like The Clash and Reggae music - Bob Marley & The Wailers inspired bands like The Specials and Madness who loved Ska.

1980s saw pop music continue to change with Synth Pop. This saw the evolution of electronic music by using keyboards synths and drum machines. Key British artists included Depeche Mode, Eurythmics and Duran Duran. This was followed by Hip Hop and House music later in the decade.

1990s were all about Boy bands and girl groups such as Take That and The Spice Girls dominating the singles charts with a dance pop sound. Not forgetting 'Britpop' artists like Oasis and Blur.

In 2022 pop music has created cross-genre music and loads of collaborations between artists, almost like Britain today - a mix of styles and cultures that creates something really unique!

Sam Ryder's 'Space Man' is the latest No. 1 pop hit, which landed him a 2nd place at this year's Eurovision Song Contest.



DATES FOR YOUR DIARY

Mon 30/05 -Fri 03/06—Half Term Week

Mon 06/06—INSET Day

Sat 25/06—EBSA Summer Fair

Thu 30/06—KS1 Sports Day

Fri 01/07—KS2 Sports Day

Tue 05/07—Open Morning

Thu 07/07—Parents Evening

Thu 21/07- Platinum Jubilee Bank Holiday

Fri 22/07—Inset Day



EBSA Summer Fair

Saturday 25 June

12pm-3pm

Can you help?

EBSA is looking for help with the following:

Pedder Estate Agents Boards

Pedder has agreed to sponsor the EBSA Summer Fair in return for putting 75 estate agent boards up outside properties in the local area. We currently need 20 more parents or carers to agree to a board outside their house or flat in order to access this offer. The boards will be put up around 11 June and be removed 3 weeks later, and each one could raise EBSA £15. If you're able to have one outside your property, and you have not yet signed up, please email ebtainfo@gmail.com with your name, address and any special instructions where the board should go. You do not have to be in when the board is erected.

Raffle Prizes

Can you or your employer donate a prize for the EBSA Summer Fair Raffle? Please email ebtainfo@gmail.com with details.

Volunteer to run a stall

We are looking for people to run stalls at the Summer Fair. We particularly need people to help out on the BBQ, run other food stalls and volunteer on games stalls. If you're interested in taking part, please email ebtainfo@gmail.com

All profit from the EBSA Summer Fair will be used to support and enhance the education of Eliot Bank children