



The Eliot Bank and Gordonbrock Schools Federation



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Dear Parents / Carers,

We have been made aware of several members of our setting who have tested positive for COVID 19.

We know that you may find this concerning but are continuing to monitor the situation and are working closely with local public health teams. This letter is to inform you of the current situation and provide advice on how to support your child. Please be reassured that for most people, coronavirus (COVID-19) will be a mild illness.

The setting remains open and your child should continue to attend if they remain well.

Close contacts are now being asked to take LFD tests every day for 7 days from the date of last contact with the COVID case. You will be notified if you or your child are a close contact via NHS Test and Trace.

Daily rapid testing applies to all contacts who are:

- Fully vaccinated adults – people who have had at least 2 COVID-19 vaccinations. You must have had your final dose at least 14 days prior to any COVID-19 contact to avoid self-isolation.
- All children aged 5 to 18 years and 6 months, regardless of their vaccination status
- People who can prove they are unable to be vaccinated for clinical reasons
- People taking part, or have taken part, in an approved clinical trial for a COVID-19 vaccine

Under 5s are exempt from self-isolation and do not need to take part in daily rapid lateral flow testing.

The groups listed above do not have to self-isolate unless they test positive.

What to do if your child develops symptoms of coronavirus (COVID-19) or tests positive for COVID-19

Symptoms of coronavirus (COVID-19) are a new, continuous cough, or a high temperature, or a loss of, or change in, their normal sense of taste or smell (anosmia).
If your child develops symptoms of coronavirus (COVID-19), they should get a PCR test and remain at home at least until the result is known.



- If negative, the child can end self-isolation;
- If positive, the child should follow self-isolation guidance.

If the child has a positive test result, but does not have symptoms, they should stay at home and self-isolate for 10 days from the date the positive test was taken. This isolation period will be extended if they go on to develop symptoms by counting 10 full days from the day following their symptom onset. Anyone with symptoms will be eligible for a PCR test (the normally available test type) and this can be arranged via [https://www.gov.uk/get-coronavirus-test or by calling 119](https://www.gov.uk/get-coronavirus-test-or-by-calling-119).

Your child can end self-isolation before the end of the 10 full days if they have two consecutive negative LFD tests and do not have a temperature. Testing to end self-isolation early can begin on day 5. If both test results – taken on consecutive days, 24 hours apart - are negative, and they do not have a high temperature, they may end self-isolation after the second negative test result. You should not take an LFD test before the fifth day of the self-isolation period. Your child does not need to take any more LFD tests after the 10th day of self-isolation period and they should stop self-isolating after this day.

How to stop coronavirus (COVID-19) spreading

There are things you can do to help reduce the risk of you and anyone you live with getting ill with coronavirus (COVID-19):

- get vaccinated – everyone aged 12 and over can book COVID-19 vaccination appointments now
- wash your hands with soap and water or use hand sanitiser regularly throughout the day
- cover your mouth and nose with a tissue or your sleeve (not your hands) when you cough or sneeze
- put used tissues in the bin immediately and wash your hands afterwards
- meet people outside and avoid crowded areas
- open doors and windows to let in fresh air if meeting people inside
- wear a face covering when it's hard to stay away from other people – particularly indoors or in crowded places
- Participate in twice weekly LFD testing following national guidelines (recommended for 11 years and over). We encourage you to log your results here: <https://www.gov.uk/log-test-site-covid19-results>

Further Information

Further information is available at <https://www.nhs.uk/conditions/coronavirus-covid-19/>

Yours sincerely,



Mrs Katrina Walsh
Head of School

