

Personal, Social and Health Education (PSHCE) Expectations: Year 3

Autumn 1	Spring 1	Summer 1
<p>Keeping Safe And Managing Risk:</p> <p><i>Bullying – See It, Say It, Stop It</i></p> <p>Pupils learn:</p> <ul style="list-style-type: none"> to recognise bullying and how it can make people feel about different types of bullying and how to respond to incidents of bullying about what to do if they witness bullying 	<p>Relationships And Sex Education:</p> <p><i>Valuing Difference And Keeping Safe</i></p> <p>Pupils learn:</p> <ul style="list-style-type: none"> to explore the differences between males and females and to name the body parts to consider touch and to know that a person has the right to say what they like and dislike to explore different types of families and who to go to for help and support 	<p>Keeping Safe And Managing Risk:</p> <p><i>Celebrating Difference</i></p> <p>Pupils learn:</p> <ul style="list-style-type: none"> pupils learn about valuing the similarities and differences between themselves and others pupils learn about what is meant by community pupils learn about belonging to groups
Autumn 2	Spring 2	Summer 2
<p>Drug, Alcohol And Tobacco Education:</p> <p><i>Smoking</i></p> <p>Pupils learn:</p> <ul style="list-style-type: none"> to consider smoking and its effects to understand the impact of smoking and passive smoking to know some strategies to prevent starting smoking 	<p>Mental Health And Emotional Wellbeing:</p> <p><i>Strengths And Challenges</i></p> <p>Pupils learn:</p> <ul style="list-style-type: none"> about celebrating achievements and setting personal goals about dealing with put-downs about positive ways to deal with set-backs 	<p>Physical Health And Wellbeing:</p> <p><i>What Helps Me Choose?</i></p> <p>Pupils learn:</p> <ul style="list-style-type: none"> about making healthy choices about food and drinks about how branding can affect what foods people choose to buy about keeping active and some of the challenges of this to explore substances and situations that are safe or unsafe