



The Eliot Bank and Gordonbrock Schools Federation



Executive Headteacher: Mrs Kathy Palmer

Eliot Bank School
Thorpewood Avenue
London SE26 4BU
Tel: 020 8699 0586
Fax: 020 8699 4489
info@eliotbank.lewisham.sch.uk
Head of School: Mr Mark Ridler

Gordonbrock School
Amyruth Road
London SE4 1HQ
Tel: 020 8690 0704
Fax: 020 8690 7201
admin@gordonbrock.lewisham.sch.uk
Head of School: Miss Maria Gilmore

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Dear Parents and Carers,

It has been brought to my attention that there have been several cases of head lice in Key Stage One this term. Please may I remind you to check your child's hair regularly and inform us straight away if you find your child has head lice so that we can inform parents and avoid them spreading.

If you are unsure on how to treat head lice, the NHS website has some good advice. I have included an extract below which is an inexpensive way to ensure your child's hair is head lice free.

Wet combing involves removing head lice with a special fine-toothed comb. It's suitable for everyone and is relatively inexpensive.

A number of lice removal combs are available to buy. Combs with flat-faced teeth spaced 0.2-0.3mm apart are best for removing head lice, although combs with smaller gaps can be used to remove eggs and nits (egg cases) after treatment.

The comb may come with instructions outlining how to use it. A commonly used method is described below.

- *Wash the hair with ordinary shampoo and apply plenty of conditioner.*
- *Use an ordinary, wide-toothed comb to straighten and untangle the hair.*
- *Once the comb moves freely through the hair without dragging, switch to the louse detection comb.*
- *Make sure the teeth of the comb slot into the hair at the roots, with the edge of the teeth lightly touching the scalp.*
- *Draw the comb down from the roots to the ends of the hair with every stroke, and check the comb for lice each time – remove lice by wiping the comb with tissue paper or rinsing it.*
- *Work through the hair, section by section, so that the whole head of hair is combed through.*
- *Do this at least twice to help ensure you haven't missed any areas, until no more lice are found.*

Thank you for your continued support with this matter.

Yours sincerely,

Mrs K Walsh
Deputy Head teacher and Year 1 & 2 Phase Leader

